

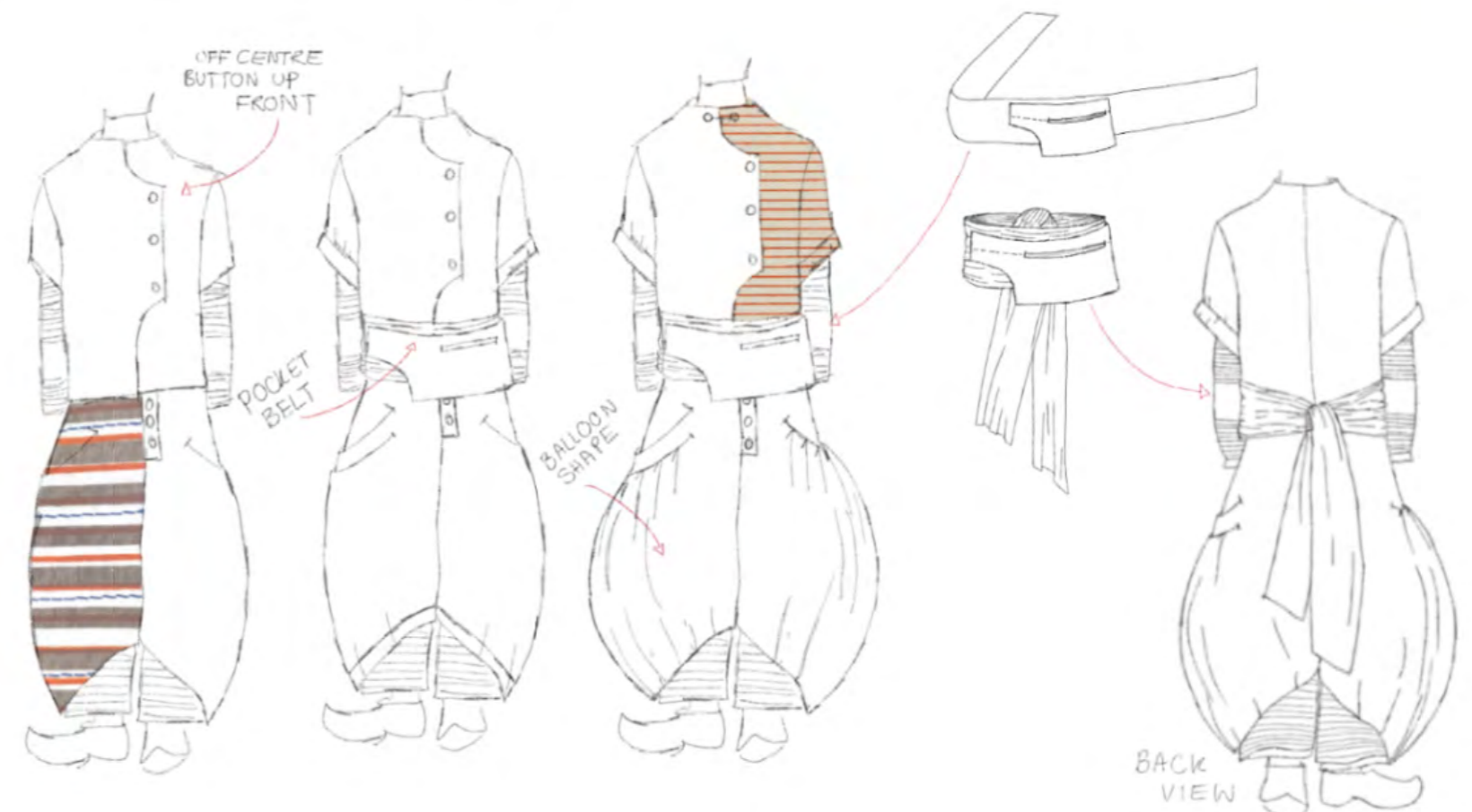
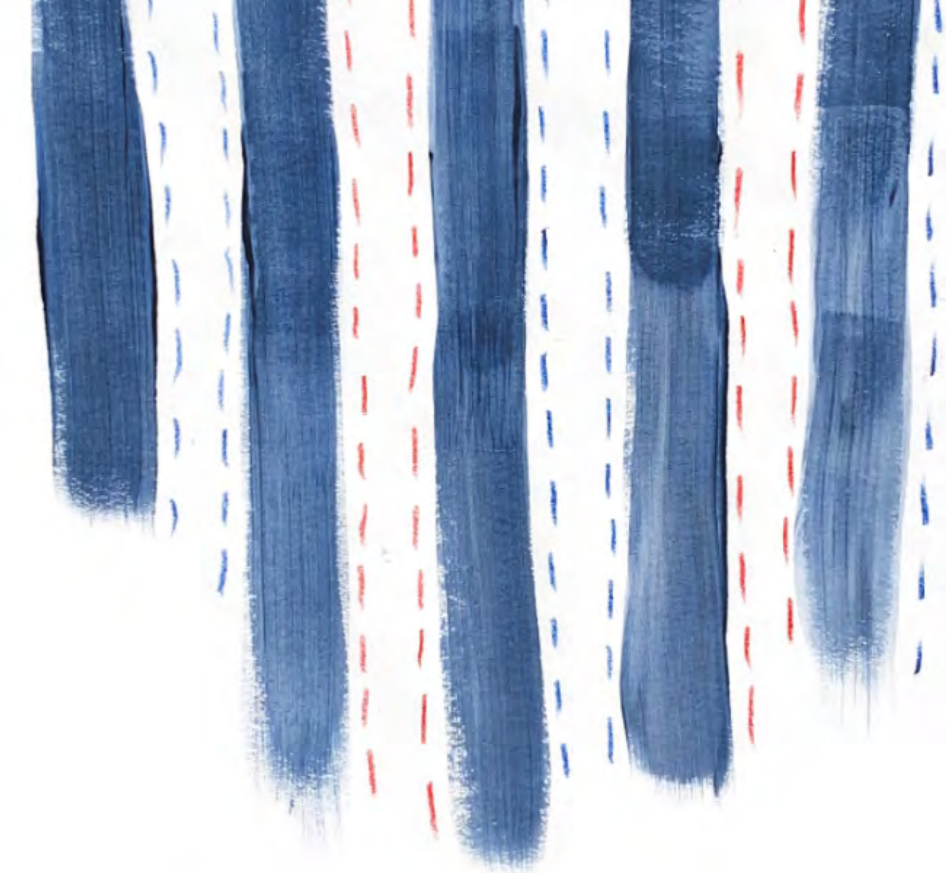
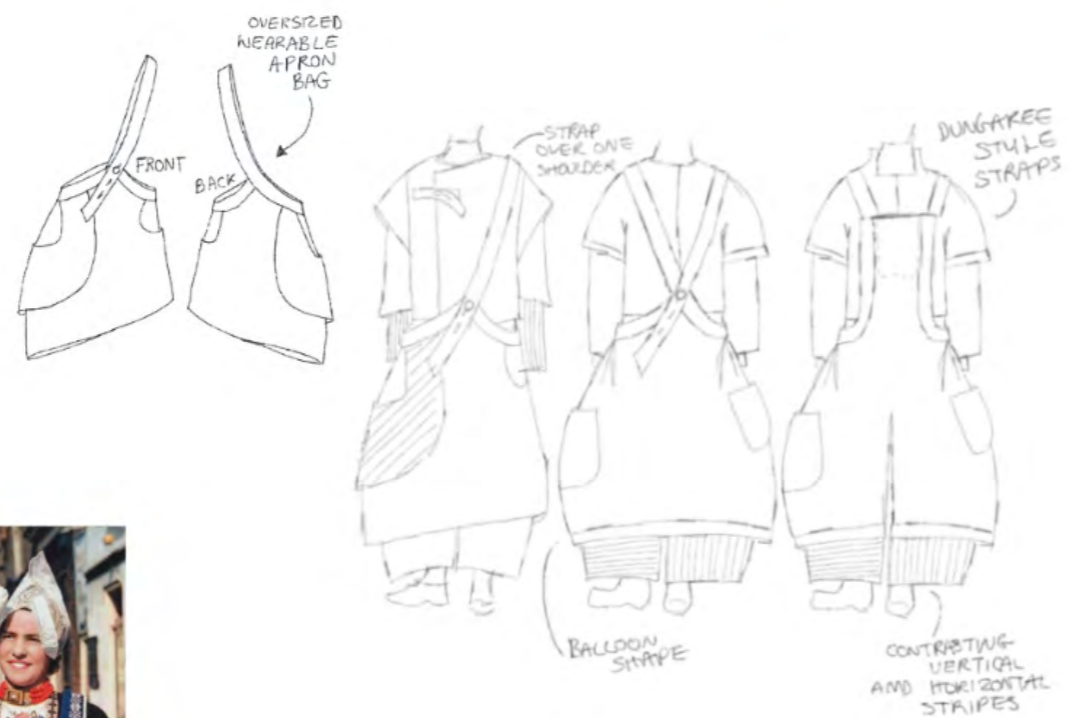
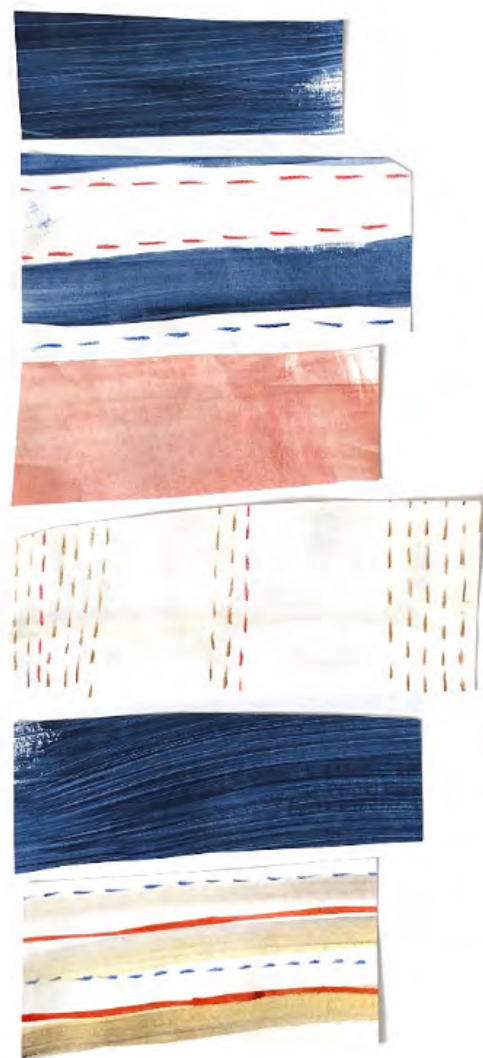
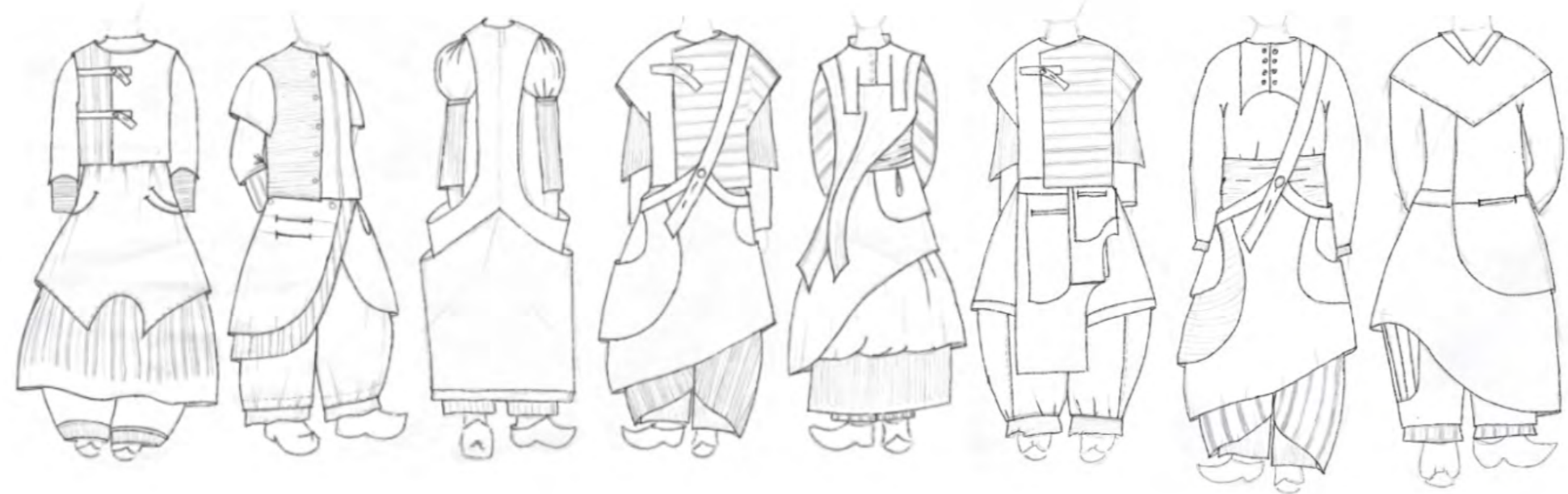


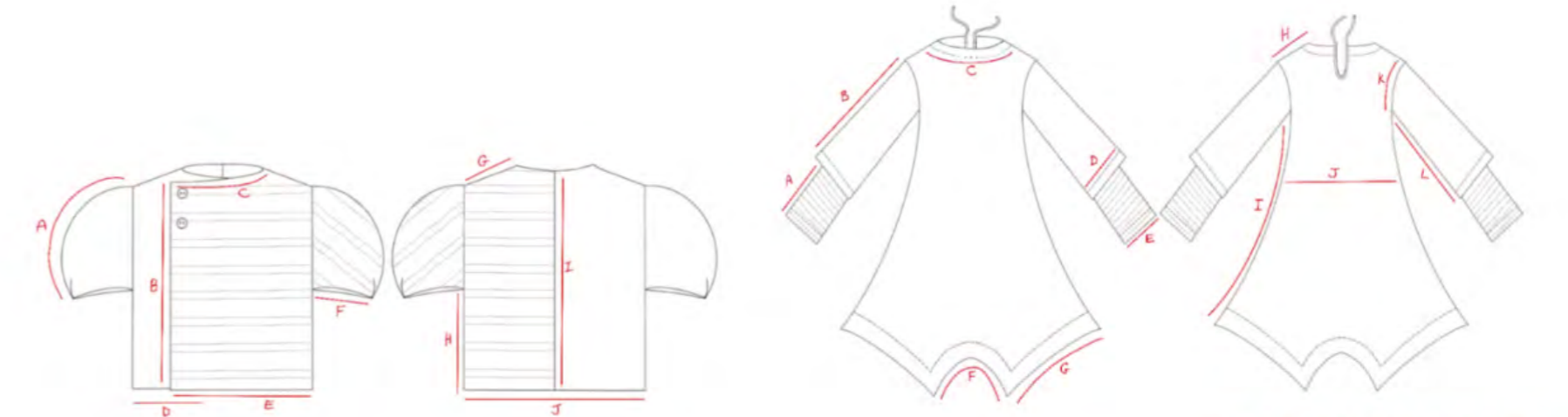
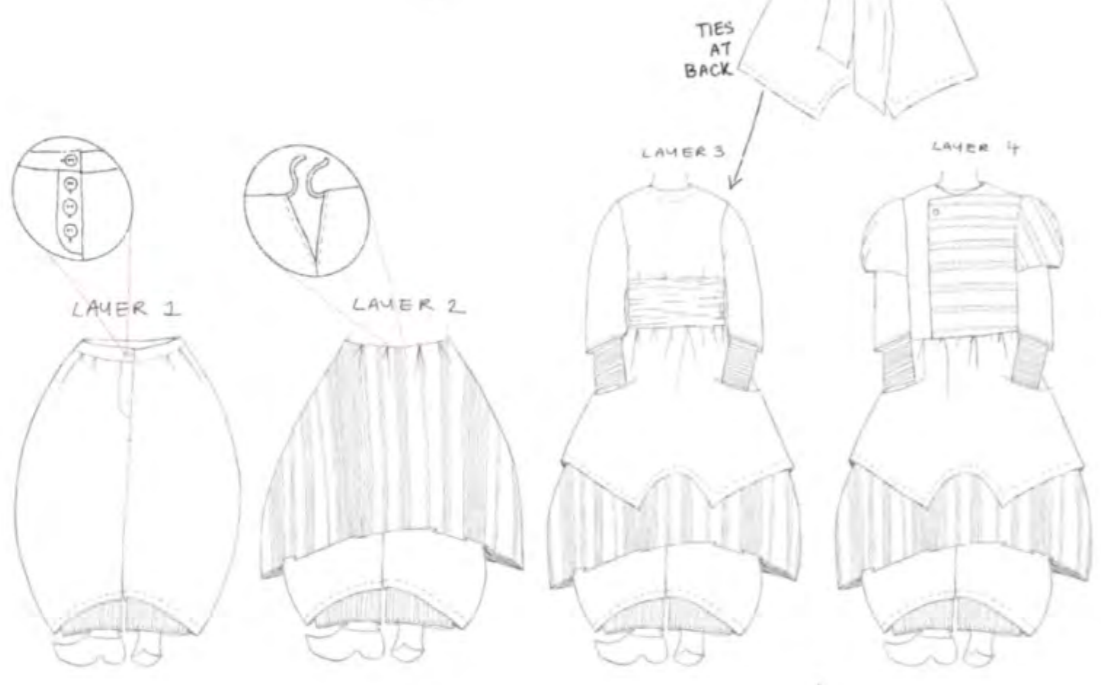
## Jaia Dudok van Heel - Portfolio

[jaiadvh@gmail.com](mailto:jaiadvh@gmail.com)

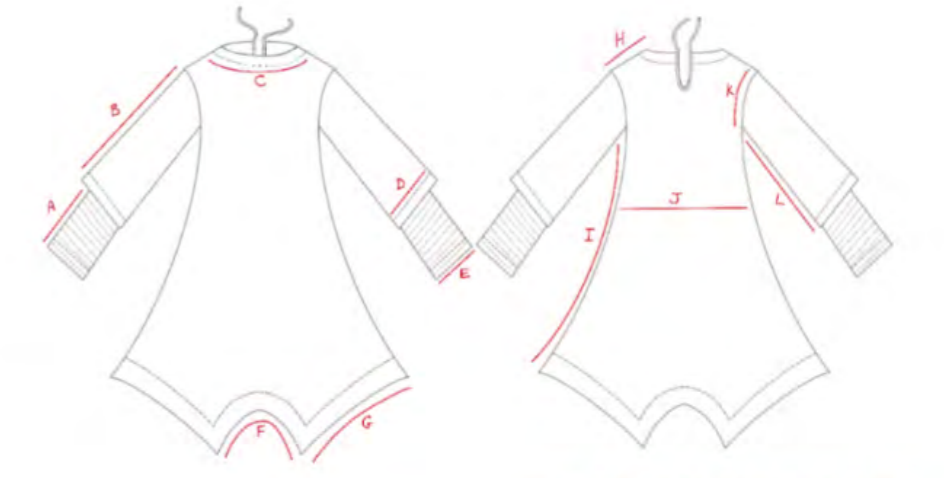
07808838242

@jiasart

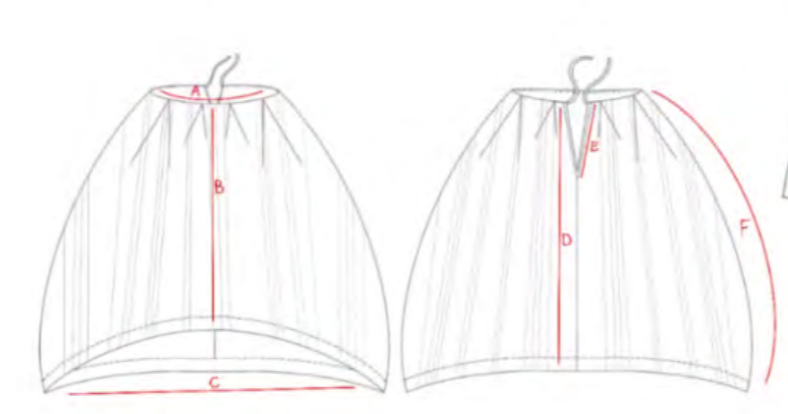




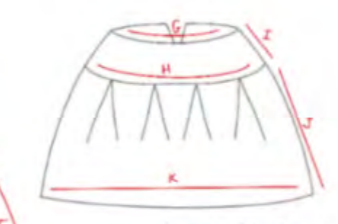
A-30 B-46 C-25 D-30 E-39 F-25  
 G-15 H-26 I-50 J-58  
 (all measured in centimetres)



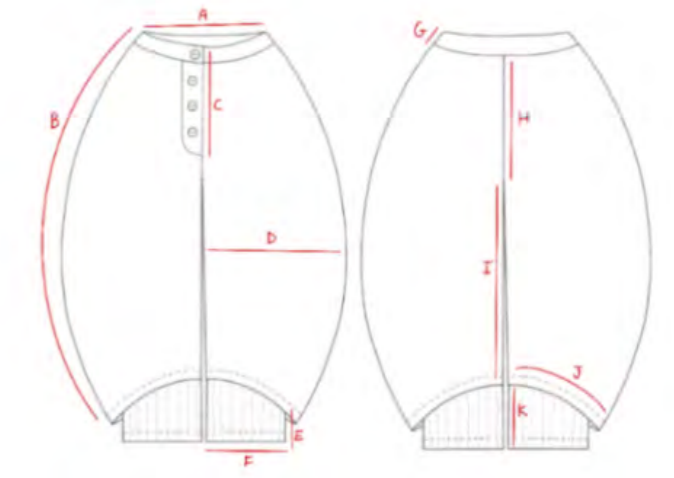
A-23 B-44 C-30 D-19 E-18 F-44  
 G-36 H-15 I-60 J-45 K-24 L-38  
 (all measured in centimetres)



A-44 B-64 C-145 D-81 E-22 F-78  
 G-44 H-50 I-13 J-53 K-140  
 (all measured in centimetres)

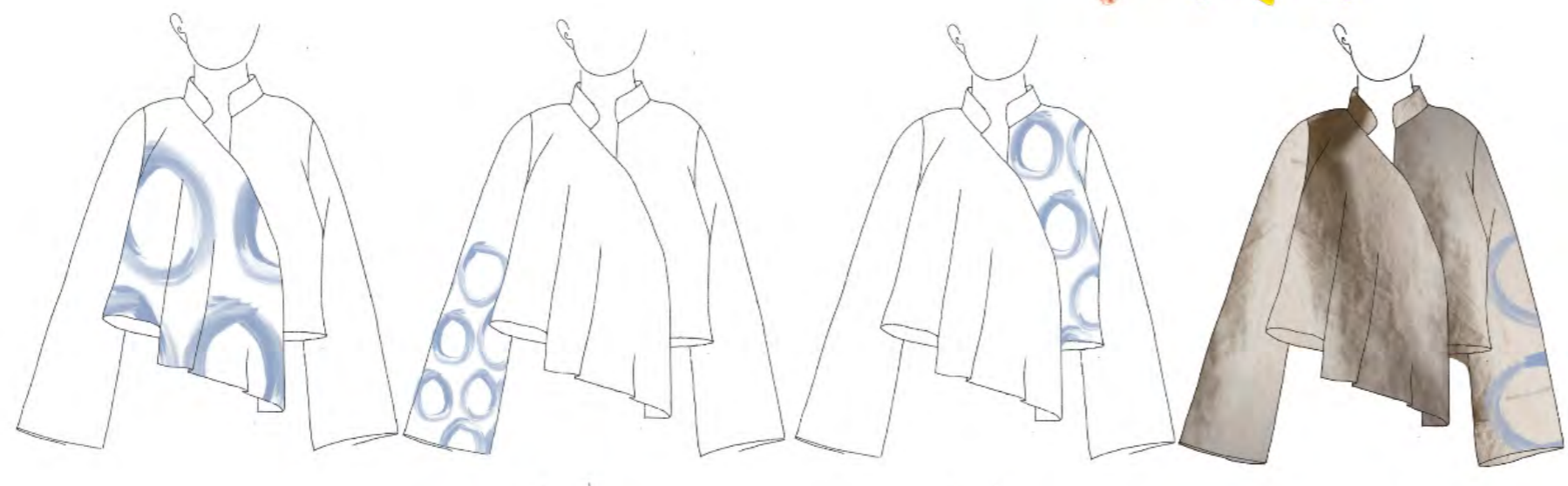


Inner skirt layer, attached at waist.

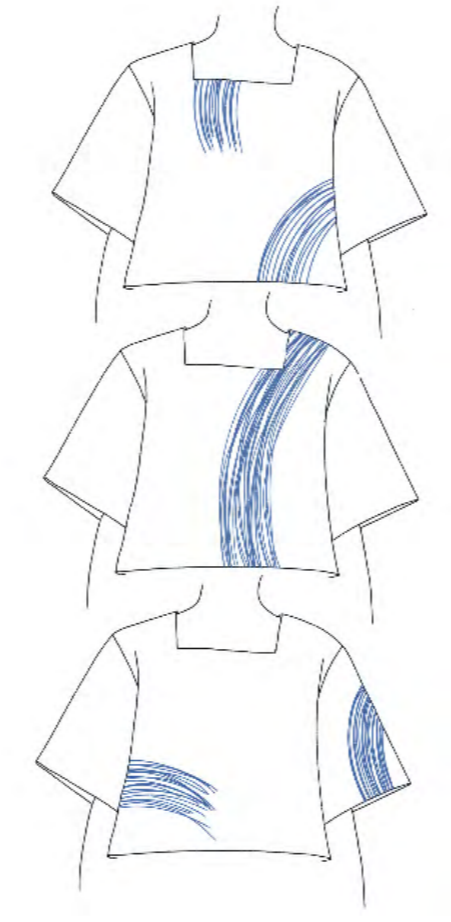
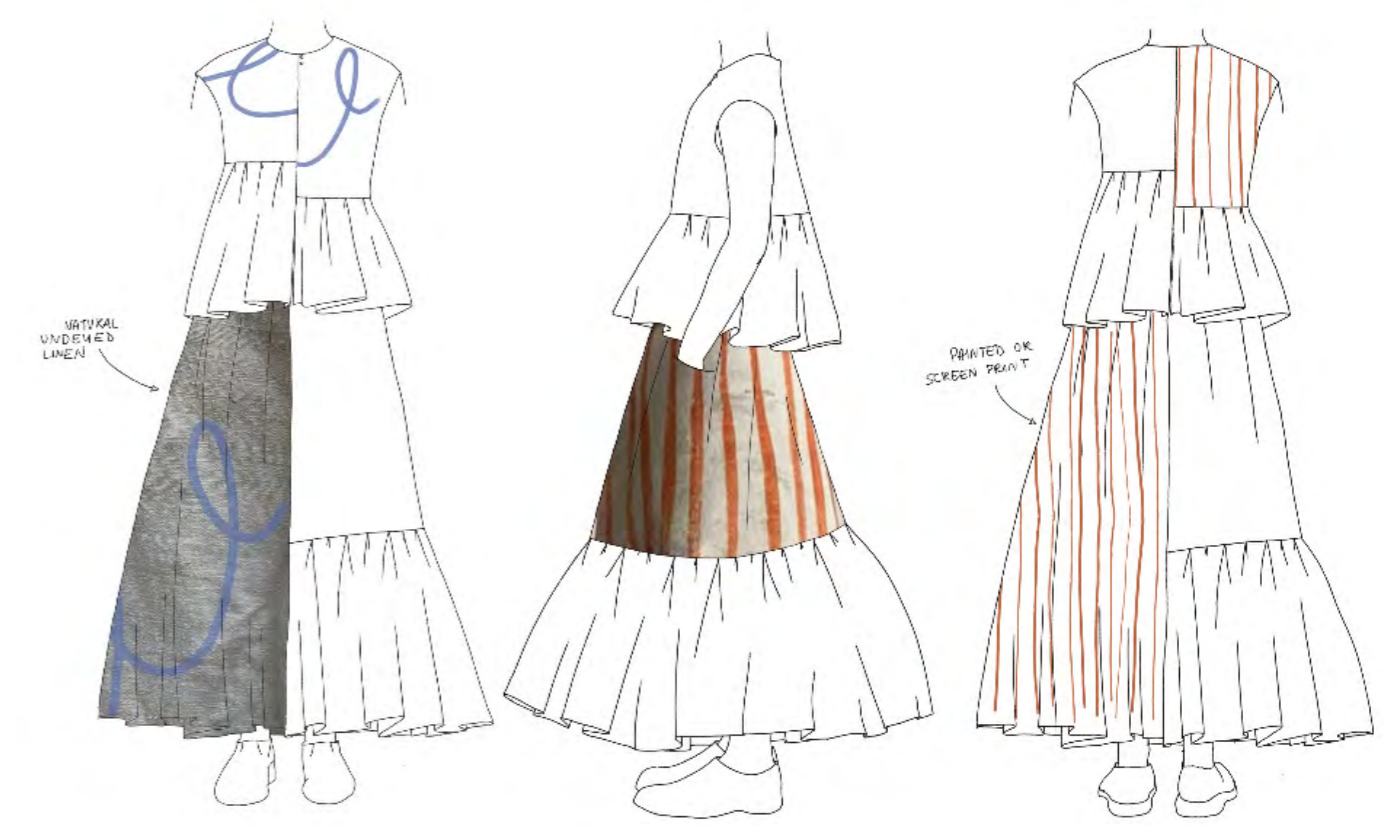


A-44 B-99 C-29 D-44 E-13 F-33  
 G-4 H-34 I-49 J-39 K-22  
 (all measured in centimetres)



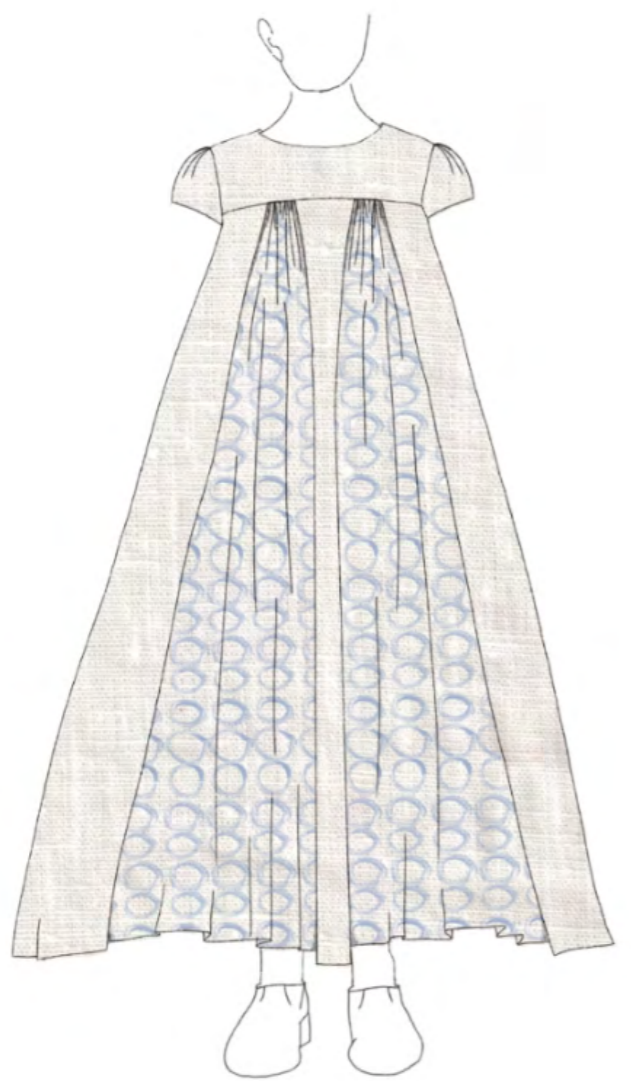


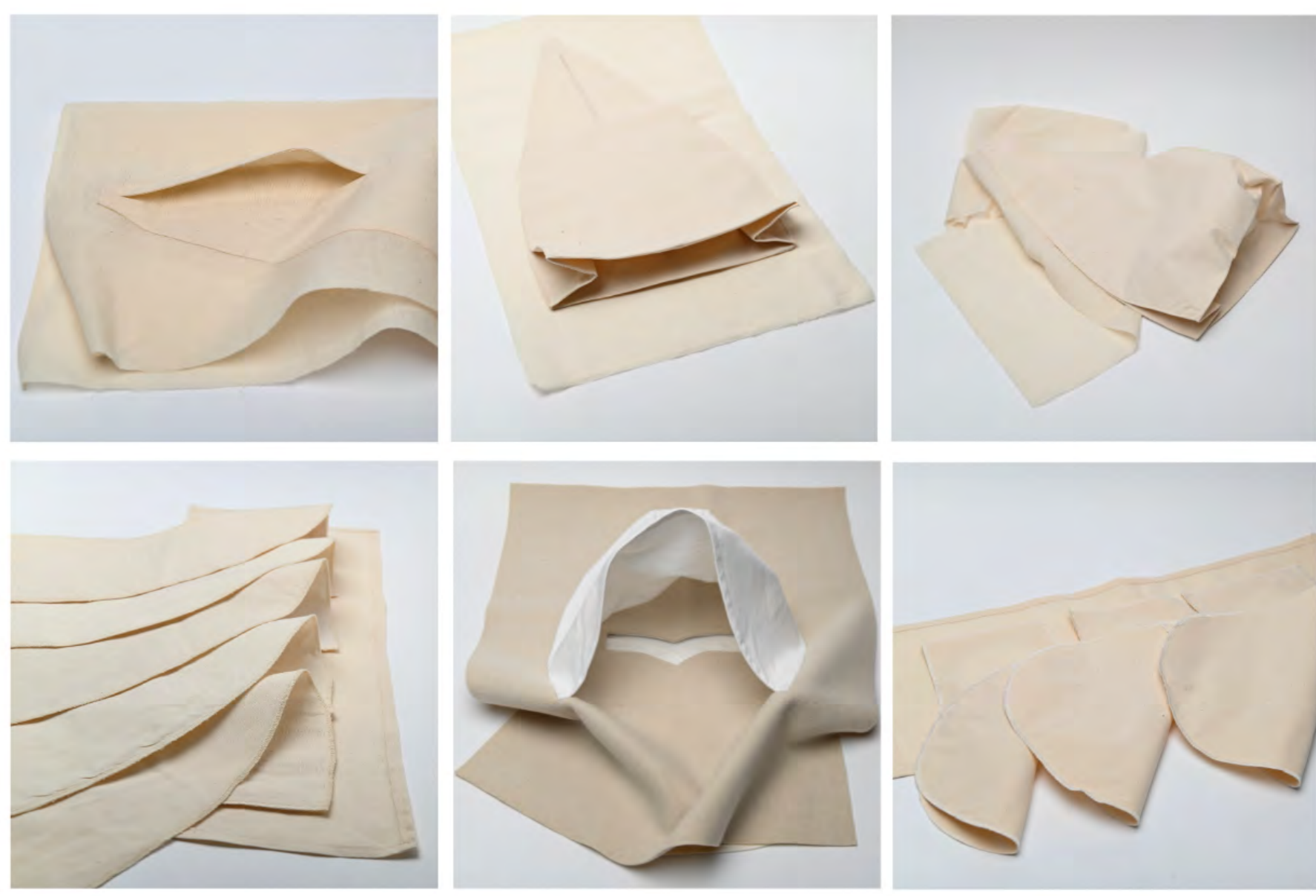
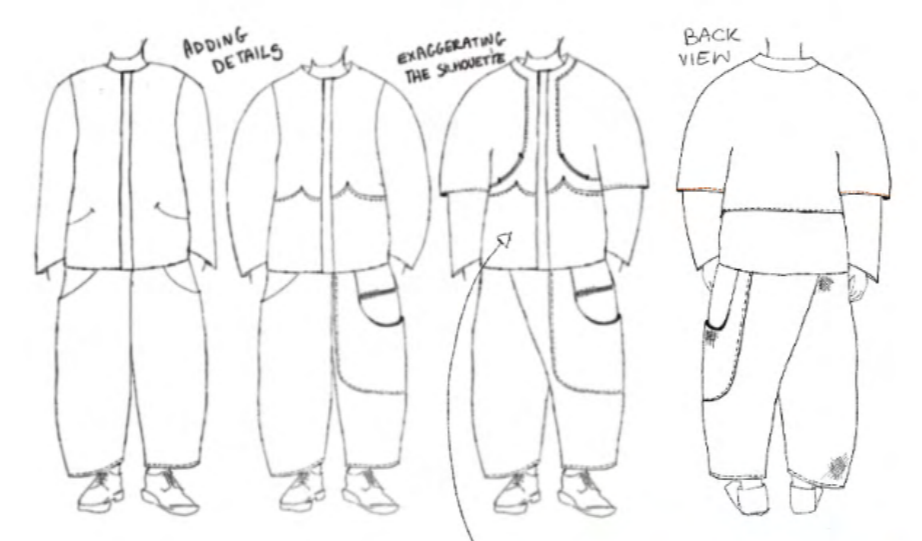
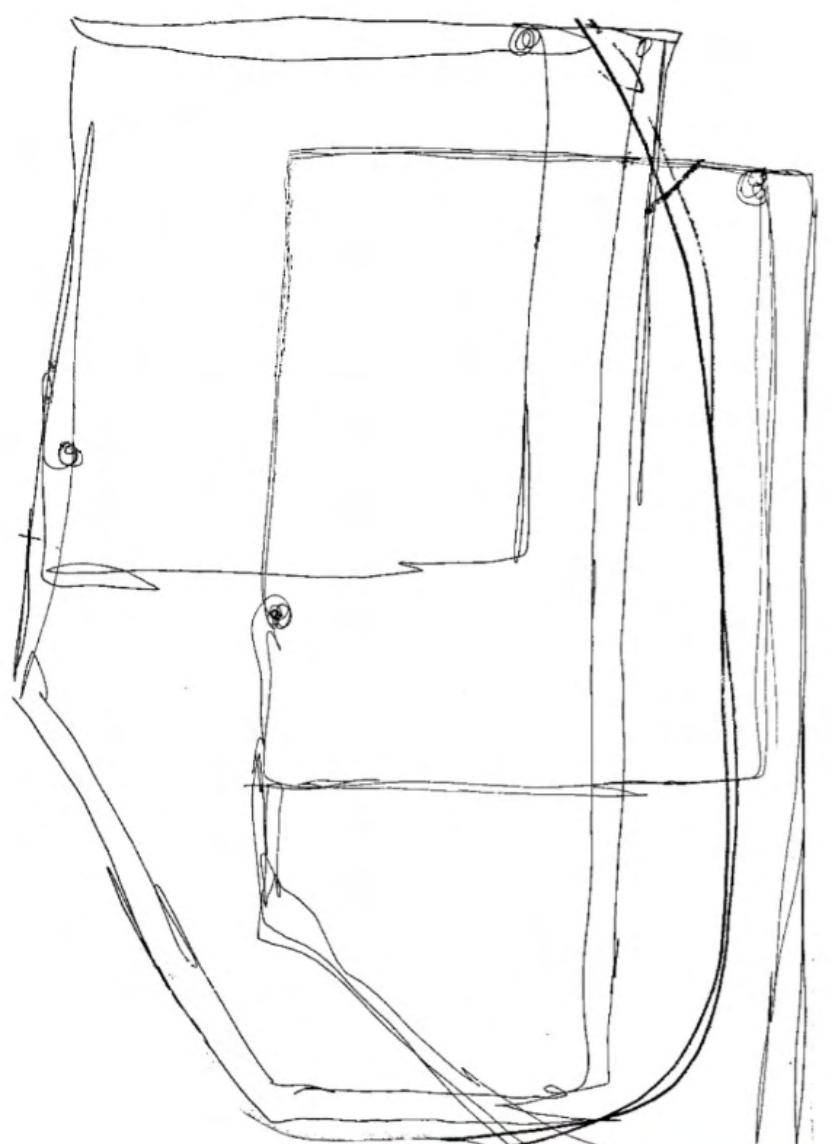
NATURAL LINENS



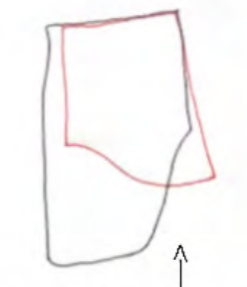


KATE SEMPLE





POCKET INEQUALITY

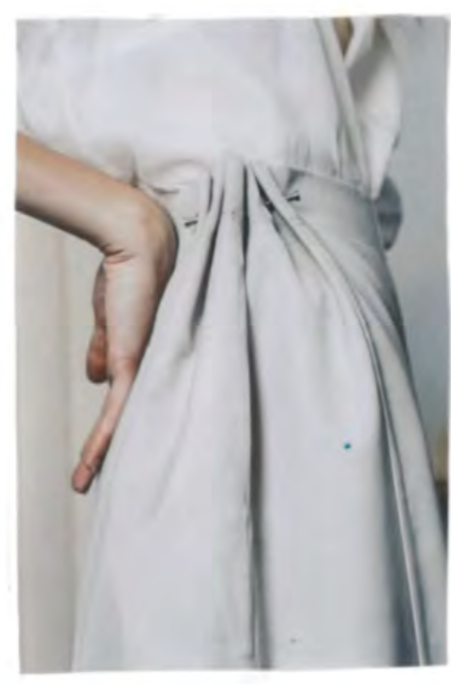


CRAIG GREEN SS15





different sized tubes to change size



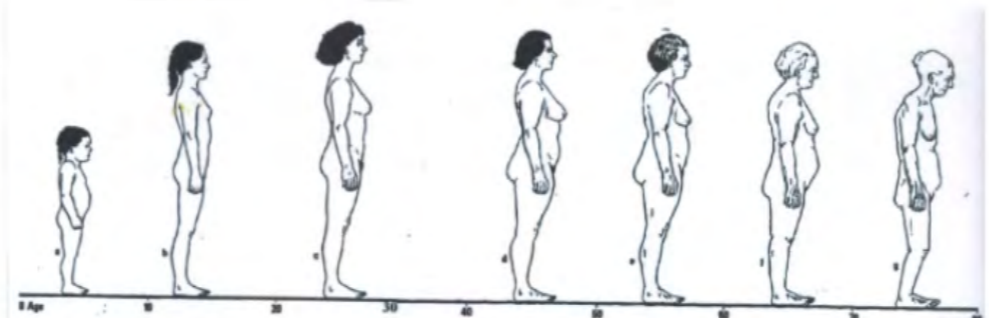
Button up adjustable dress



ADJUSTABILITY

when thinking about making a garment that will last, we can control things like the durability by designing in a way that reinforces the fabric. However its harder to design for our bodies that are ever changing. Sometimes we have to get rid of perfectly good items simply as they dont fit well anymore. Ideally we want to design clothes that adapt to us as we grow throughout our lives.

Finding out how science explains how our bodies typically change throughout our life.



CHILDHOOD EARLY YEARS Peak of physical energy passed at 18. Eyes have begun to lose their ability to change focus.  
 YOUNG ADULT Increased activity and less stress in the back and spinal cord. In children women, the chance of conception begins to become less predictable.  
 MIDDLE AGE Muscle strength and some mental capabilities slowly start to decline. Female hormone production is likely to start to decline.  
 THE ONSET OF OLD AGE Metabolic disorder cause the spine to change. Peak of high frequency sound reduces by up to 70%. Vision of the same may now appear. Body weight.  
 OLD AGE Decline of body's efficiency continues. Usable strength is half that of a 20 year old. Metabolic efficiency may be reduced. Character changes and regular brain disorders are possible.



OUR CLOTHES SHOULD FIT US NOT US FITTING IN OUR CLOTHES.

how does our body fluctuate throughout the day, not just over time?  
 BLOATING



**CUSTOM FIT TO YOUR BODY WITH MAGIC MATHEMATICS.**

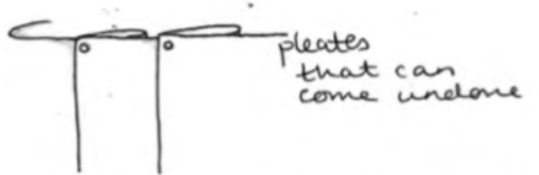
COMFORT IN OUR CHANGING BODIES



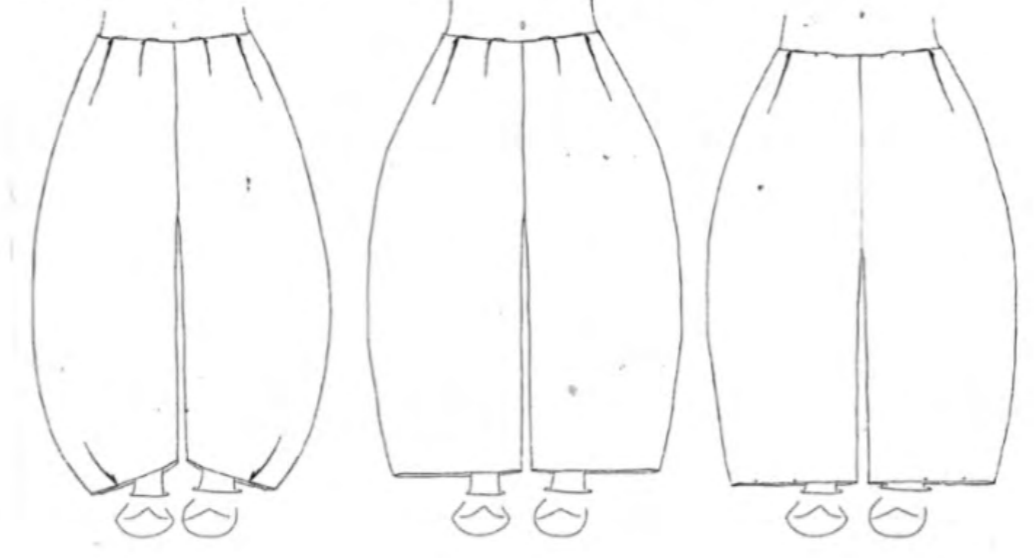
Easily adjustable pieces that we can alter from day to day depending on our bodies or just how we feel.

Danish designer **Matte Julia Bundgaard Nielsen** developed a flexible sizing system through her Circle project, allowing for alterations to increase the use of a garment throughout the wearer's life. This dress is printed with visible grading lines that wearers can follow when altering the garment. To allow for further adjustments, the seams are covered with removable bias tape and the dress has extra seam allowances.

→ Flexible sizing  
 → Extra Seam Allowance



balloon trousers with adjustable waist and leg



BUTTONS

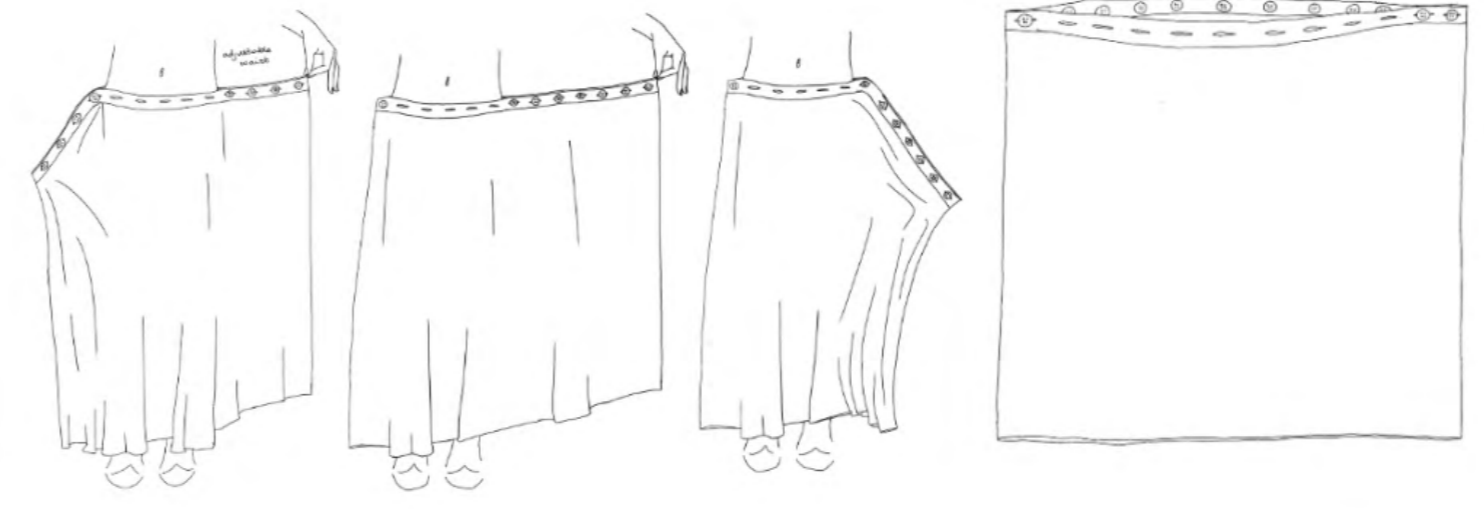


Buttons to adjust the waist

BACK VIEW



buttons to open and close pleats





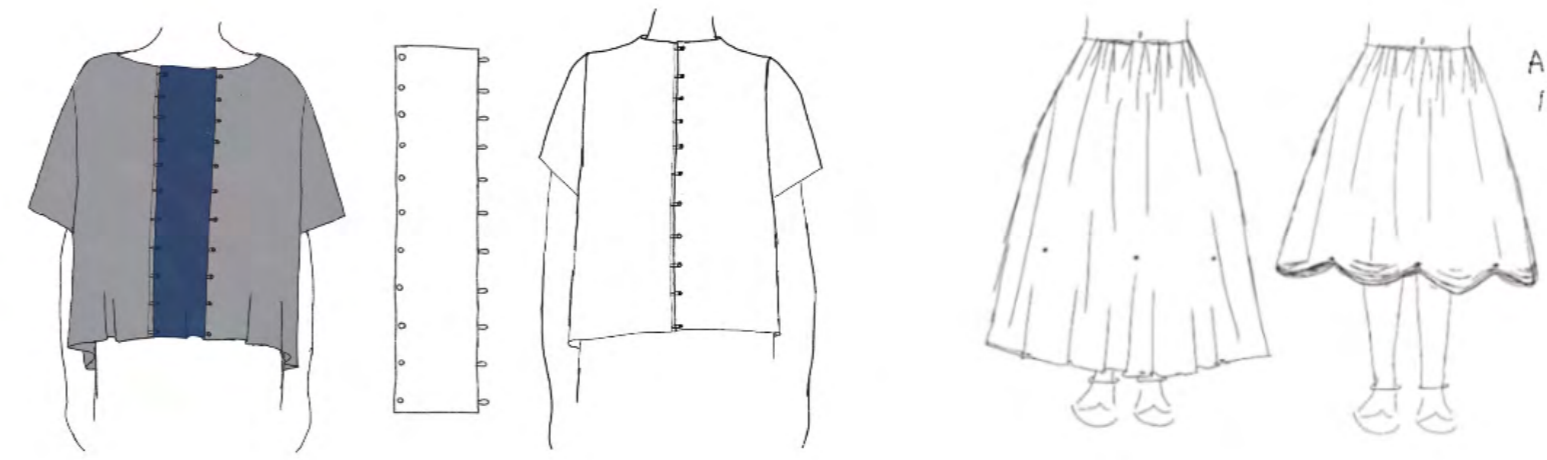
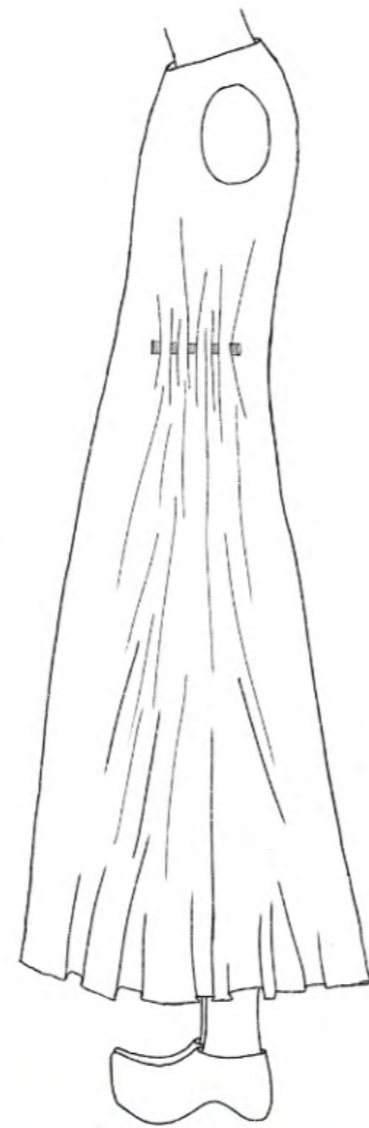
LIGHTLY WAXED COTTON



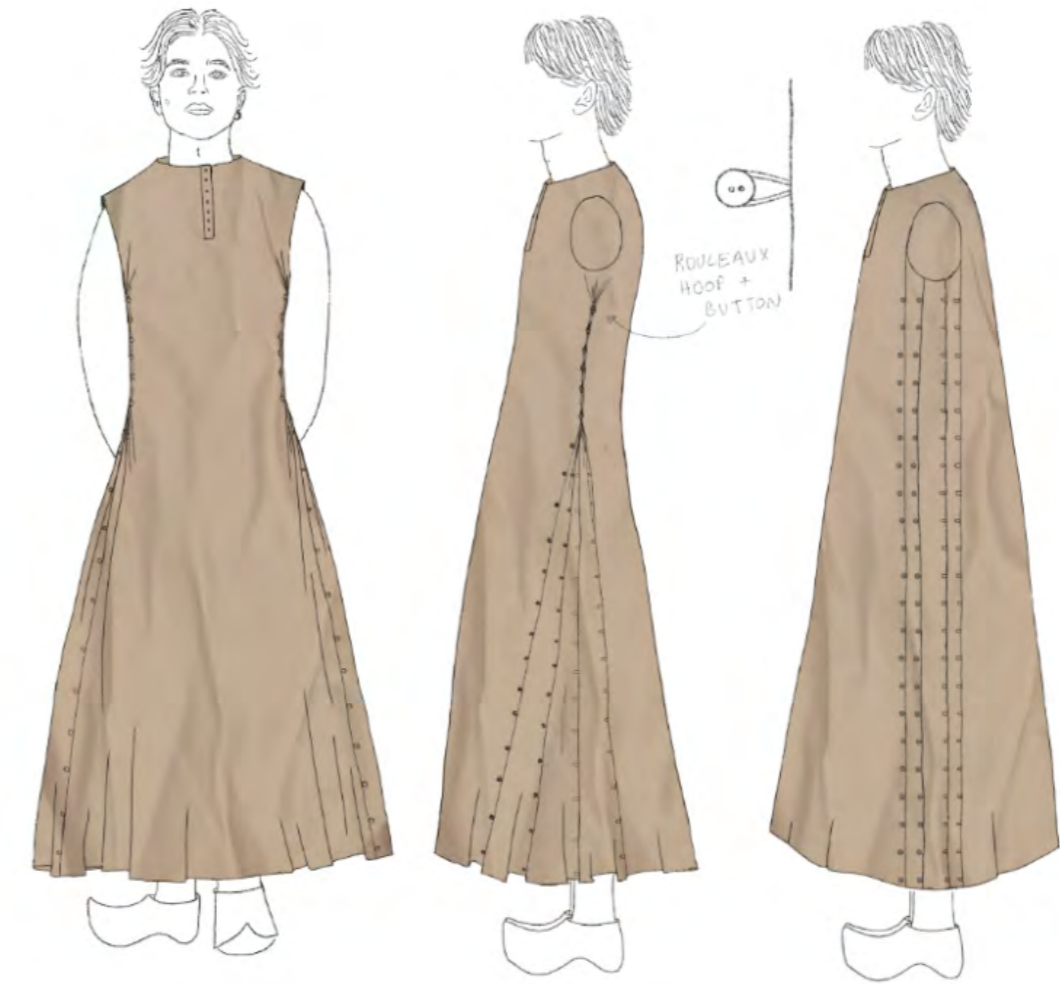
Pleates that open and close?



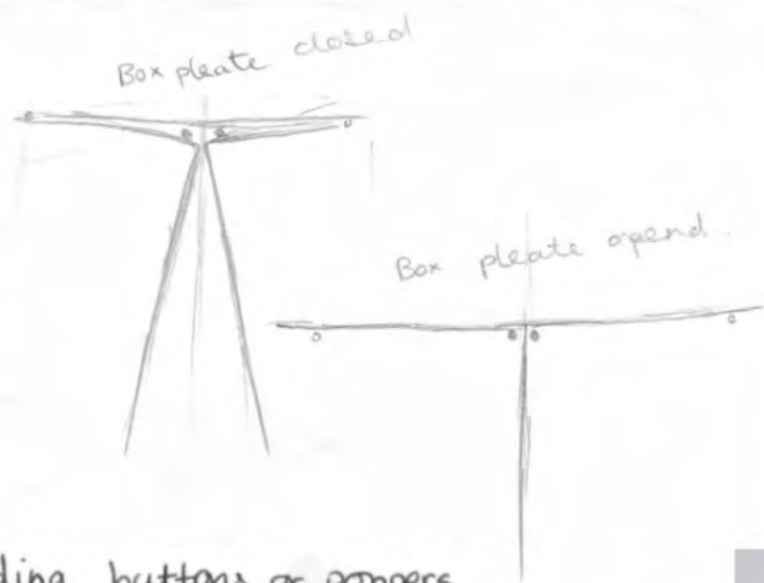
CLOTHES THAT WORK FOR OUR EVERCHANGING BODIES.



ADJUSTABLE IN LENGTH



ROUGEUX HOOF + BUTTON



Adding buttons or poppers to box pleats or any pleats so they are easily opened and closed for comfort.

